



Long Term Care NEWSLETTER

Indiana State Department of Health

**ISDH Long Term Care
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Division Director

Sue Hornstein, Director of the Division of Long Term Care for the Indiana State Department of Health (ISDH), has announced her resignation effective February 27, 2009. Sue has accepted a position with the Kentucky Cabinet for Health and Family Services.

Sue has served as Director of Long Term Care for over fourteen years and has been with the ISDH for over twenty years. Sue recently completed a term as President of the Association of Health Facility Survey Agencies and has served in numerous leadership positions.

Sue has been an outstanding asset to the State of Indiana and instrumental in implementing health care quality initiatives. Through her leadership, the Division of Long Term Care has developed into a nationally recognized health care survey program.

The ISDH thanks Sue for her leadership and contributions to the state and appreciates her commitment to health care quality. We thank Sue for her years of service to the ISDH and wish her the very best.

The Director of the Division of Long Term Care is one of three Division Director positions within the ISDH Health Care Regulatory Services Commission. There is also a Director for the Division of Acute Care and a Director for the Division of Health Care Engineering and Measurement. The ISDH has initiated a search for a new Director of Long Term Care.

Five-Star Quality Rating Update

A new version of the Five-Star Quality Rating Technical Users' Guide and an accompanying Summary of Updates to the Technical Users' Guide document is available on the Five-Star Quality Rating Web page at http://www.cms.hhs.gov/CertificationandCompliance/13_FSQRS.asp#TopOfPage.

Hand Washing Policy

Check your hand washing policy. Some facility policies may indicate to wash hands for 10 seconds versus the current guideline to rub hands together vigorously for at least 15 seconds.

The Centers for Disease Control (CDC) issued in 2002 its "Guideline for Hand Hygiene in Health Care

Settings." The guidelines may be found at <http://www.cdc.gov/mmwr/preview/mmwrhtml/rr5116a1.htm>. Under "Recommendations" 2 Hand-hygiene techniques B, when washing hands with soap and water, rub hands together vigorously for at least 15 seconds. The CDC information includes training materials found at <http://www.cdc.gov/Features/HandWashing/>.

The ISDH has a one page publication highlighting quick facts on hand washing that is convenient for printing and copying. The ISDH quick facts may be found at <http://www.in.gov/isdh/21926.htm>.



That is all for this week. Best wishes for the coming week.

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